

ALSTON-WITH-GARRIGILL
RURAL DISTRICT COUNCIL

A N N U A L R E P O R T
O F T H E
M E D I C A L O F F I C E R O F H E A L T H
F O R 1969

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11-11-11
11-11-11

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TO THE
CHAIRMAN AND MEMBERS OF THE
ALSTON-WITH-GARRIGILL
RURAL DISTRICT COUNCIL

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Mr. Chairman, Ladies and Gentlemen,

I have the honour to submit my report as
Medical Officer of Health for the year 1969. I
wish to thank the Public Health Inspector for his
assistance in preparation of my report.

Yours faithfully,

JOHN R. HASSAN,

Medical Officer of Health.



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REPORT OF THE MEDICAL OFFICER OF HEALTH FOR
ALSTON-WITH-GARRIGILL RURAL DISTRICT COUNCIL
FOR THE YEAR 1969

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S E C T I O N A

VITAL STATISTICS

Statistics and Social Conditions of the Area

Area 36,971 acres

Population 2,070

Number of inhabited houses according to the Rate Book.

Alston Ward	479
Nenthead Ward	181
Garrigill Ward	148
							Total	808

Rateable Value (1st April, 1969) £48,634

Penny Rate Product £185

COMMENT

For the first time in twenty years the Registrar General records an increase in the population of the area. This is encouraging and no doubt is due to the ambitious housing and industrial expansion. I have been unable to find out when last there was new industrial building in the Council district but it cannot be less than a century ago.

The birth-death ratio is satisfactory and as the post war children are now adult and having families it is anticipated there will be an increase in the number of births. Of the deaths four were directly due to a very toxic influenza which occurred towards the end of the year and the age group with the largest number was seventy five and over, the number being ten.

As the result of a direct personal approach campaign, 128 women had the test for incipient cancer of the womb and in a few cases the test proved to be most rewarding.

A new vaccine against German Measles has now been prepared and when supplies are available it is proposed to inoculate girls in their early teens. This disease in itself is relatively harmless but if a woman in the early weeks of pregnancy contracts it there is a strong possibility that the baby will be born with serious abnormality. Parents are urged to persuade their daughters to be vaccinated when the time comes.

Once more I should like to thank the Chairman and Committee Members for their continuing support and interest.

LIVE BIRTHS1969
M F

Legitimate	15	12
Illegitimate	-	1
											27	

STILL BIRTHS

M F

Legitimate	-	-
Illegitimate	-	-

Death of infants under 1 week of age	-	-
" " " " 4 weeks " "	-	-
" " " " 1 year " "	-	-

ANNUAL BIRTH RATE per 1,000 estimated population

For this area	13.0
For Cumberland	15.2
For Rural District of Cumberland	15.1
For England and Wales	16.3

DeathsM F
16 10

26

ANNUAL DEATH RATE per 1,000 estimated population

For this area	12.6
For Cumberland	12.3
For Rural District of Cumberland	12.0
For England and Wales	11.9
Deaths from Puerperal Causes	NIL

SECTION B(1) PUBLIC HEALTH OFFICERS OF THE AUTHORITY

Medical Officer of Health (Part-time)

John R. Hassan, M.B., Ch.B., D.R.C.O.G.,

Cottage Hospital,

ALSTON.

Public Health Inspector

R. W. Thomas, M.A.P.H.I.,

Town Hall,

ALSTON.

(2)a. AMBULANCE

I am glad to report that the ambulance and sitting car service give every satisfaction in comfort, warmth and speed.

b. CLINICS AND TREATMENT CENTRES

Consultant services are available at Carlisle and Newcastle. Physiotherapy is available on two mornings each week at the Cottage Hospital. Maternity and child welfare clinics are held weekly at the Cottage Hospital provided, of course, by the Cumberland County Council. The school dental clinic is held one day a fortnight at the Cottage Hospital.

It is regretted that there is now no General Dental Practitioner Service, nor is there any immediate prospect of acquiring one. I estimate that there is about two days work a week for anyone interested.

SECTION CWATER SUPPLIES

Following instructions laid down in the Ministry of Health Circular 1/69.

- a) The quality of the water supplied through the water mains continues to be satisfactory, both chemically and bacteriologically, and there was no shortage during the year.
- b) Two Type A.H.W.M. reagent feeders are installed at Springfield, Alston.
- | | | |
|-----------------------------------|----------------------|------|
| c) No. of dwelling house supplied | (1) direct to houses | 729 |
| | (2) by standpipes | 4 |
| No. of population supplied | (1) direct to houses | 1990 |
| | (2) by standpipes | 5 |
- d) Flouride content is nil.

SEWERS AND SEWERAGE DISPOSAL

The position is the same as last year, although the Council's Consultants have prepared a scheme to extend the sewerage disposal works and to sewer the Raise and Low Byer areas of Alston.

It is hoped that Planning and Ministerial consents are readily obtained as these extensions are of an urgent nature.

REGISTERED COMMON LODGIN HOUSES

There are none in the area.

PUBLIC CLEANSING

The paper sack collection scheme for the outlying properties has proved to be very successful, and I would most certainly recommend that this system be gradually extended until the whole district operates a paper sack scheme of collection.

SANITARY POSITION OF THE AREA

Number of inspections	466
Nuisances report	3
Nuisances abated by informal notice	3
Informal notices	3
Statutory notices	Nil
Number of houses inspected	372
Number of houses disinfected	-
New houses erected (Local Authority)	22
New houses erected (Privately)	4
Plans submitted	19
Plans approved	17
Plans - no decision	2
Plans - permitted development - approved	1
Plans - permitted development - submitted	1
Number of sewer collections	23
Number of water collections	26
Houses demolished	-
Houses closed	-

FACTORIES

(i) Inspection for purposes of provisions as to health (including inspections made by the Sanitary Inspector).

<u>Premises</u>	<u>No. on register</u>	<u>No. of inspections</u>	<u>No. of written notices</u>	<u>No. of occupied properties</u>
(i) Factories in which Sec. 1,2,3,4, & 6, are to be enforced by Local Authority.	4	4	-	-
(ii) Factories not included in (i) in which Sec.7 is enforced by the Local Authority.	12	23	-	-
(iii) Other premises in which Sec.7 is enforced by the Local Authority (excluding outworkers Premises)	-	-	-	-
	16	27	-	-

(1i) Cases in which defects were found NIL

OFFICES SHOPS AND RAILWAY PREMISES ACT, 1963

The number on the Register remained at 30 and all premises were visited at least once during the year.

No notification of accident was received.

SECTION D

HOUSING

a) Local Authority

a) Local Authority
The following dwellings were completed during 1969

2	4	bedroomed	houses
13	3	bedroomed	houses
7	2	bedroomed	flats

It is hoped that by the end of March, 1970, a further 13 3 bedroomed houses and 5 2 bedroomed flats will have been completed.

It is coming increasingly apparent that of all the housing estates in Alston, Church Road attracts more applicants because of its truly central position for shops, buses, railway and places of worship. In addition, because of the number of people over 60 years of age, it has become apparent that small units of accommodation must be given some priority, but the finding of a site in a central position poses a problem.

The County Architect has been asked to draw up a scheme for the semi-independent supported scheme at Grisedale Croft, using the Grisedale Lane flats site as an extension. This would provide 6 flatlets.

In addition, the Housing Sites sub-Committee has been surveying the area for suitable sites in and around Alston.

With the expansion of industry in the area, the Council must be ready to provide more houses, and although the numbers need not necessarily match those of the Jollybeard New Estate, land for at least a further twenty houses should be earmarked immediately,

b) Private Sector

The number this year is only four, but for the size of the district this can be regarded as satisfactory. Two further bungalows are in early stages of erection, and further sites for private development have been sold.

POST WAR HOUSING

Council houses completed at the end of 1969	179
Privately owned houses	35

Estimated number of houses unfit for habitation which cannot be made fit at reasonable cost	33
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Number of houses overcrowded	5
Total number of applicants for Council houses	51

IMPROVEMENT GRANTS

Number of privately owned houses for which Improvement Grants were sought	1	5
Number of applicants for grants approved	5	
Number of Improvement Grants completed	4	
Improvement Grant total (including £100 interim payment)		£1375.10.0d

STANDARD GRANTS

Number of Standard Grant applications	5
Number of Standard Grant work completed	2
Standard Grant total	£212-17-5d

S E C T I O N E

MILK

Number of retailers 8

Again attention is drawn to the condition of milk bottles. The public are largely to blame as often there are long delays before the empty bottles are returned to the dairyman. Also care on all sides should be taken to prevent the chipping of the necks of bottles and chipped bottles should NOT be used.

CATERING ESTABLISHMENTS

Again the various establishments have been satisfactory. They are as follows:

	Licenced Hotels	Temperance Hotels	Snack Bar	Fish and Chip Shops	TOTAL
* Alston	9	-	2	1	12
Nenthead	3	-	-	-	3
Garrigill	1	-	-	-	1

* Three Hotels have table licence only

The total number of licenced premises are as under:

Alston	9
Nenthead	3
Garrigill	1
	<u>13</u>

Premises registered under the Food and Drugs Act, 1955

Making sausage and pressed meats	2
Premises registered for the sale of ice cream <u>only</u>	10

RECORD OF FOOD VOLUNTARILY SURRENDERED DURING 1969

	Tins	lbs.	oz.		Tins	lbs.	oz.
Tomatoes	3	6	9	Garden Peas	1	1	3 $\frac{1}{2}$
Steak & Kidney Pies	2	1	15	Baked Beans	2	1	0
Fruit Salad	3	3	10	Soup	2	1	15
Pineapple Slices	1	1	12	Mincemeat	3	3	14 $\frac{1}{2}$
Pears	8	7	7 $\frac{7}{8}$	Macaroni Pudding	4	3	12
Peaches	4	3	15 $\frac{1}{2}$	Pork Luncheon Meat	2	1	8
Apricots	2	2	15	Chopped Ham & Pork	2	1	3
Strawberries	1		15	Lunch Tongue	1		12
Blackberries	1		14 $\frac{1}{2}$	Christmas Puddings	2	2	0
Figs	1		15 $\frac{1}{2}$	Dairy Cream	1		6
Grapefruit	2	2	6	Pickled Onions	2Jars	1	4
Gooseberry Pie Filling	1		14	Mixed Spice	9		9
Processed Peas	4	3	3	Chicken in Jelly	2jars		6
Sliced Beans	1		15 $\frac{1}{2}$	Salmon	2		15 $\frac{1}{2}$
Butter Beans	1		15 $\frac{1}{2}$				
Evaporated Milk	9tins	18pints		Sunsip Drinks	2tins	23 fluid ozs	

SECTION F.INFECTIOUS AND OTHER DISEASES

Number on T.B. register	2
Measles	1
<u>Poliomyelitis vaccination</u>	
Primary	40
Completed	27
Booster	20
Smallpox Vaccination	24
<u>Triple Antigen</u>	
Primary	34
Completed	26
Booster	20
Measles vaccination	13

CAUSE OF DEATH	Sex	Total all ages	Under 4 wks	4 weeks & under 1 yr	AGE IN YEARS								
					1-	5-	15-	25-	35-	45-	55-	65-	75+
B19(2) Malignant Neoplasm, Oesophagus	M	1	-	-	-	-	-	-	-	-	1	-	
	F	-	-	-	-	-	-	-	-	-	-	-	
B19(9) Malignant Neoplasm, Prostate	M	1	-	-	-	-	-	-	-	-	1	-	
B19(11) Other Malignant Neoplasms	M	2	-	-	-	-	-	-	-	1	-	-	
	F	1	-	-	-	-	-	-	-	1	-	-	
B21 Diabetes Mellitus	M	1	-	-	-	-	-	-	1	-	-	-	
	F	-	-	-	-	-	-	-	-	-	-	-	
B46(4) Other Diseases of Nervous System, etc	M	-	-	-	-	-	-	-	-	-	-	-	
	F	1	-	-	-	-	-	-	-	-	1	-	
B28 Ischaemic Heart Disease	M	3	-	-	-	-	-	-	1	-	-	1	
	F	3	-	-	-	-	-	-	-	-	1	1	
B29 Other Forms of Heart Disease	M	1	-	-	-	-	-	-	-	-	-	1	
	F	-	-	-	-	-	-	-	-	-	-	-	
B30 Cerebrovascular Disease	M	2	-	-	-	-	-	-	-	-	1	1	
	F	2	-	-	-	-	-	-	-	-	-	2	
B46(5) Other Disease of Circulatory System	M	-	-	-	-	-	-	-	-	-	-	-	
	F	1	-	-	-	-	-	-	-	-	-	1	
B31 Influenza	M	1	-	-	-	-	-	-	-	-	-	1	
	F	-	-	-	-	-	-	-	-	-	-	-	
B32 Pneumonia	M	2	-	-	-	-	-	-	-	-	1	1	
	F	-	-	-	-	-	-	-	-	-	-	-	
B33(1) Bronchitis and Emphysema	M	-	-	-	-	-	-	-	-	-	-	-	
	F	1	-	-	-	-	-	-	-	-	-	1	
B46(10) Diseases of Musculo-Skeletal	M	-	-	-	-	-	-	-	-	-	1	-	
	F	1	-	-	-	-	-	-	-	-	-	-	
B45 Symptoms and Ill Defined Conditions	M	1	-	-	-	-	-	-	-	-	-	1	
	F	-	-	-	-	-	-	-	-	-	-	-	
BE47 Motor Vehicle Accidents	M	1	-	-	-	-	1	-	-	-	-	-	
	F	-	-	-	-	-	-	-	-	-	-	-	
TOTAL ALL CAUSES	M	16	-	-	-	-	1	-	2	1	2	4	
	F	10	-	-	-	-	-	-	1	1	1	4	

